

# Download Chapter 7 Test Cardiovascular Fitness

Over-Forty Cardiovascular Screening Program. The Army's over-40 cardiovascular screening program (CVSP) does the following: – Identifies soldiers with a risk of ...PART THREE. ACTIVITIES. This part discusses the conduct of PRT exercises, drills, and activities. Chapter 7. Execution of Training. The key to success in PRT ...CHAPTER 14. Army Physical Fitness Test . All soldiers in the Active Army, Army National Guard, and Army Reserve must take the Army Physical Fitness Test (APFT ...REFERENCES. SOURCES USED . These are the sources quoted or paraphrased in this publication. ARMY REGULATIONS (ARs) AR 15-6 Procedures for Investigating Officers and ...